

Region A Food Resource List

All distributions are subject to change.

Jody Miller | 828-506-6111 | jmiller@rapc.org

Manna Food Bank

Cherokee County

Cherokee County Sharing Center, Inc (Updated 11/11/25)

Address: 517 Hiwassee Street Murphy, NC 28906

Contact: Steve Runyan

Phone: 828-360-4041

Email: runyansm1946@gmail.com

Website : www.facebook.com/ccsharingcentermurphy

Food Pantry

Monday 12:00 PM - 2:00 PM; Friday 12:00 PM - 2:00 PM

Sparrow's Nest Meal Site

Hot/Cold Meal Program

Monday 11 AM - 1 PM; Friday 11 AM to 1 PM

Harrah's Casino - Valley River

Address: 777 Casino Parkway Murphy, NC 28906

Contact: Shelly Brown

Phone: 828-497-8557

Email: sbrown2@harrahs.com

Pop-Up/Mobile Resource

Wednesday (EVERY EVEN MONTH. Market days may vary due to MANNA holidays, market cancellations, and rescheduling.) 11:00 AM - 12:00 PM, (2nd Week of Month)

Matt's Ministry at Brasstown Community Center (Updated 11/11/25)

Address: 255 Settawig Road Brasstown, NC 28902

Contact: Maggie Butler

Phone: 828-361-9083

Email: maggiebutler@gmail.com

Food Pantry

Thursday 11:30 AM - 12:30 PM

Bellview Community Development Center

Address: 270 Old Bellview Road Murphy, NC 28906

Contact: Linda May

Phone: 828-835-3844

Email : linda.s.may@mwarep.org

Food Pantry

Thursday 12:00 PM - 2:00 PM

First Baptist Church of Murphy (Updated 11/11/25)

517 Hiwassee St, Murphy NC 28906
Phone: 828-837-2615
Community lunch
11:00 AM to 1:00 PM every Monday and Friday

Murphy Free Methodist Church

422 Valley River Ave, Murphy NC 28906
Community lunch
11:30 am to 12:00 PM every Tuesday

United Methodist Church

101 Chestnut St, Andrews NC 28901
Phone: 828-321-5216
Community dinner
5:00 PM to 6:00 PM every Thursday

Cherokee County Food Bank (Updated 11/11/25)

Run by Lions Club members
West End Plaza, Andrews NC 28901
Phone: 828-321-5512
9:30 AM to 12:00 PM Tuesdays and Saturdays

Murphy First United Methodist: The Soul Table (updated 11/11/25)

73 Valley River Ave., Murphy, NC 28906
Phone: 828-557-2433
Free hot meal
Thursdays 11:30 AM to 1:00 PM

The Calvary Chapel: My Brother's Keeper (Updated 11/11/25)

866 Joe Brown Hwy, Murphy, NC 28906
Phone: 315-246-7351
Free hot meal
Third Friday of the month 11:00 AM to 2:00 PM

Senior Centers (For Seniors Only)—Call ahead 2 days in advance (Updated 11/11/25)

Hot Meals
Andrews Sunrise Senior Center—Lunch Monday to Friday 828-321-4505
Penland Senior Center—Lunch Monday to Friday 828-837-2467
Unaka Senior Center—Lunch Monday, Wednesday, and Friday 828-837-8313

Hiwassee Dam Community Center: Manna Mobile Market Food Boxes (Updated 11/11/25)

7829 Hwy 294, Murphy NC
Contact: Michael Castaing

Phone: 828-299-3663
Food boxes
Third Wednesday 11:30 AM to 12:30 PM
Food Pantry
Monday through Friday 8:00 AM to 12:00 PM

Mt. Liberty Baptist Church (Updated 11/11/25)

1700 Old Murphy Rd, Murphy, NC 28906
Contact: Penny McClure
Phone: 828-837-6189
Food boxes
Second Tuesday 10:00 AM to 1:00 PM

Moore House Ministry (Update 11/11/25)

132 Cloe Moore Drive, Murphy, NC 28906
Contact: Joy Lynn or Don Hale
Phone: 828-361-5121; 828-557-8105
Food Boxes
Call to arrange a time
7 days a week

Shepherd of the Mountains Church (Updated 11/11/25)

68 Fairfax Dr, Murphy, NC 28906
Phone: 828-837-4276
Free meal
Every Wednesday at 5:15 PM

Clay County

Matt's Ministry - Ledford's Chapel UMC (Updated 11/11/25)

Address: 123 W. J. Cabe Road Hayesville, NC 28907
Contact: Butch Harkins
Phone: 828-361-6441
Email: harkins.butch@gmail.com
Website: mattsministry.org
Food Pantry
Saturday 9:00 AM - 12:00 PM

First Freewill Baptist Church

Clay County Residents

Address: 259 Tusquittee Street Hayesville, NC 28904
Contact: Terri Wallis
Phone: 828-389-4777
Email: nanakin55@hotmail.com
Website: hayesvillefreewill.org/
Food Pantry
Thursday 12:00 PM - 2:00 PM--(3rd of Month)

Clay County Food Pantry, Inc (Updated 11/11/25)

Clay County Residents and TEFAP recipients

Address: 2278 Hinton Center Road Hayesville, NC 28904

Contact: Jerry Sullivan

Phone: 404-580-3881

Email: theclaycountyfoodpantry@gmail.com

Website : www.claycountyfoodpantry.org

Food Distribution / Pantry

Thursday 4:00 PM - 6:00 PM (Food Distribution each Thursday) and Friday 9:00 AM - 12:00 PM

Towns County Food Pantry (Updated 11/11/25)

Address: 1294 Jack Dayton Cir. Young Harris, GA 30582

Phone: 706-896-4783

Food Pantry

Call for Information—706-896-4783

1st Wednesday of the month 11 AM to 2 PM

Christ for All People Ministries

Address 259 Big Sky Drive Hiawassee, GA 30546

Phone: 706-851-9010

Christ for All People Ministries Programs

Food Pantry

Call for information

Matt's Ministry at Brasstown Community Center (Updated 11/11/25)

Clay County Residents and TEFAP recipients

Address: 255 Settawig Road Brasstown, NC 28902

Contact: Maggie Butler

Phone: 828-361-9083

Email: maggiembutler@gmail.com

Food Pantry

Thursday 11:30 AM - 12:30 PM

FUMC

989 Hwy 64 Bus, Hayesville NC 28904

Phone: 828-389-8413

Community meal

4:30 PM to 6:00 PM every Wednesday

Little Brasstown Baptist Church

6120 Harshaw Rd, Brasstown, NC 28902

Phone: 828-837-8875

Free meals

Wednesdays 5:30 PM

Graham County

Five Point Center—Grace Place—Liberty Missionary Church

Address: 300 Five Point Road Robbinsville, NC 28771

Contact: Michelle Shiplet

Phone: 828-346-6131

Email: fivepointctr@gmail.com

Website: fivepointcenter.org/

Meal Site

Wednesday 5:00 PM - 6:30 PM (Free Meals every Wednesday)

Food Pantry

Monday 9:00 AM - 4:00 PM; 9:00 AM - 5:00 PM; Tuesday 9:00 AM - 4:00 PM; Wednesday 9:00 AM - 4:00 PM, 9:00 AM - 5:00 PM; 5:00 PM - 6:30 PM (FREE Meal); Thursday 9:00 AM - 4:00 PM; 9:00 AM - 5:00 PM; 11:00 AM - 2:00 PM (Client Choice Shopping); Friday 9:00 AM - 5:00 PM

Stecoah Valley Cultural Arts Center (Updated 11/11/25)

Address: 121 School House Road Robbinsville, NC 28771

Contact: Name Jennifer West

Phone: 828-479-3364

Email : jennifer@stecoahvalleycenter.com

Website : www.stecoahvalleycenter.com

Food Pantry

Wednesday 11:00 AM - 12:00 PM (Food distribution)

Andrews SDA @ Cherokee County Andrews Senior Center

Address: 45 Park Street Senior Center Andrews, NC 28901

Contact: Raymond Denton

Email: rayjodenton@gmail.com

Food Pantry

Wednesday (only one Wednesday/month 3rd or 4th Wednesday)--12:00 PM - 1:15 PM

Cherokee County Food Pantry

Address: 121 Main Street West End Plaza Andrews, NC 28901

Contact: Debbie Ambler

Phone: 828-361-0975

Email: debbie.ambler@yahoo.com

Food Pantry

Tuesday 9:30 AM - 12:00 PM

Saturday 9:30 AM - 12:00 PM

Haywood County

FUMC – Waynesville (Updated 11/11/25)

Address: 566 South Haywood Street Waynesville, NC 28786

Contact: Matthew Blackburn

Phone: 828-508-6356

Email : mhblackburn@fumc-waynesville.com

Website : www.facebook.com/fhfriendshiphouse

Food Pantry

Monday to Friday 8:30 AM to 11:30 AM; Wednesday 5:00 PM - 6:00 PM; Saturday 8:30 AM - 10:30 AM
Hot breakfast—Saturday 8 AM to 9 AM

Grace Episcopal Church Food Pantry (Updated 11/11/25)

Address: 394 N Haywood Street Waynesville, NC 28786

Contact: Paula Welling

Phone: 339-203-2885

Email: pmw02176@yahoo.com

Website : www.gracewaynesville.com/food-pantry

Food Pantry

Monday to Friday 10:00 AM - 11:00 AM (Spanish speaking volunteers available on Thursday and Fridays)

Little Pantry of Grace Outdoor Pantry Open 24/7 in the driveway on Miller St (closed November 27th and 28th)

Haywood Christian Ministry

Address: 150 Branner Avenue Waynesville, NC 28786

Contact: Blake Hart

Phone: 828-456-4838

Email : blakehart@haywoodministry.org

Website : hcmnc.org/

Food Pantry

Monday 12:00 PM - 3:00 PM; 1:00 PM - 4:00 PM; Wednesday 9:00 AM - 12:00 PM; Friday 12:00 PM - 4:00 PM

The Salvation Army - Waynesville

Address: 290 Pigeon Street Waynesville, NC 28786

Contact: Dana Ball

Phone: 828-456-7111 ext. 1

Email : WaynesvilleNC@uss.salvationarmy.org

Website: <https://southernusa.salvationarmy.org/waynesville>

Food Pantry

Monday, Wednesday, Thursday 9 AM to 12 PM and 1 PM to 2PM

The office is located off of the Church's main lobby.

Second Season- Thrift Store & Neighborhood Pantry

Address: 156 Boundary Street Waynesville, NC 28786

Contact: Bill Ashley

Phone: 828-456-9069

Email : wjashl@outlook.com

Website : www.facebook.com/secondseasonpantry

Food Pantry

Tuesday, Thursday and Saturday 9:00 AM - 12:00 PM

Pigeon Community Multicultural Development Center

Address: 450 Pigeon Street Waynesville, NC 28786
Contact: Lin Forney
Phone: 828-452-7232
Email : pigeoncommunityd@bellsouth.net
Website : www.pcmdc.org
Food Pantry
Wednesday 2:00 PM - 4:00 PM (3rd Wednesday of Month)

Haywood Pathways Center (Updated 11/11/25)

Address: 179 Hemlock Street Waynesville, NC 28786
Contact: Julie Cloninger
Phone: 828-246-0332
Email: volunteer@haywoodpathways.org
Website : www.haywoodpathwayscenter.org/
Hot/Cold Meal Program
To-go supper # 6:30 PM seven days a week

Bethel Rural Community Pantry (Updated 11/11/25)

Address: 664 Sonoma Road Waynesville, NC 28786
Contact: Stephanie Quis-Garrett
Phone: 908-642-5016
Email: smallshells56@gmail.com
Website: www.bethelrural.org
Food Pantry
Wednesday 9:00 AM - 10:00 AM (2nd Wednesday is drive through and the 4th Wednesday of month you choose)

Maggie Valley UMC

Address: 4192 Soco Road Maggie Valley, NC 28751
Contact: Shelly Clement
Phone: 828-926-8036
Email: info@maggieumc.org
Website : www.maggieumc.org
Food Pantry
Monday and Wednesday 10:00 AM - 12:00 PM
Shepherds Table hot/cold meal delivered
Monday 8:30 AM - 3:30 PM (Call Church Office for information)

Beulah Baptist Church

Address: 483 Sunset Circle Canton, NC 28716
Contact: Name Barry Clark
Phone: 828-648-6505
Email: beulahbaptistchurchcantonnc@gmail.com
Food Pantry
Monday and Tuesday 11:00 AM - 2:00 PM

The Community Kitchen

Address: 143 Pandora Circle Canton, NC 28716

Contact: Allison Jennings

Phone: 828-593-9319

Email: thecommunitykitchen@gmail.com

Food Pantry

Monday to Friday 10:30 AM - 3:00 PM (closed major holidays)

Beaverdam Community Development Club

Address: 1620 North Canton Road Canton, NC 28716

Contact: Name Aimee Sylvester

Phone: 717-265-4685

Email : aimeec2681@yahoo.com

Website : www.facebook.com/beaverdamcenter

Food Pantry

Every 4 weeks on a Wednesday 9:00 – 11:00am

Find our specific schedule at: <https://www.facebook.com/beaverdamcenter>

Cruso United Methodist Church – Pantry

11653 Cruso Rd, Canton, NC 28716

Food Pantry

10:00 AM to 2 PM 2nd Friday of each month

Feeding the Multitudes

50 Azalea Dr Canton NC 28716

Phone: 828-276-6375

Food boxes

12: 00 PM to 1:00 PM Thursday

Special offerings announced on Facebook

<https://www.facebook.com/FeedingTheMultitudeCantonNC/>

First United Methodist Church (Updated 11/11/25)

30 Newfound St Canton NC 288716

Food Pantry

Back of parking lot Outdoor Pantry 24/7

Morningstar United Methodist Church (Updated 11/11/25)

2535 Dutch Cove Rd, Canton NC 28716

Phone: 828-648-2297

Blessings Pantry

24/7 across the street from the church

Fines Creek Community Development Association

(Fines Creek, Panther Creek, White Oak residents only)

190 Fines Creek Rd, Clyde NC 28721

Phone: 828-593-7042

10:00 AM to 12:00 PM 2nd and 4th Thursday of the month

YMCA Mobile Market (Updated 11/11/25)

15 Facility Dr Clyde NC 28721

(Haywood Peds Office)

Phone: 828-775-7081

Fresh fruits and vegetables 1:00 PM to 2 PM 1st and 3rd Fridays

Crabtree UMC (Updated 11/11/25)

5405 Crabtree Rd, Clyde NC 28721

Outdoor Community Pantry open 24/7

Clyde Central UMC

410 Charles St, Clyde NC 28721

Phone: 828-627-2287

Eat in or to go—Tuesday to Saturday 12 pm to 6 pm

Jackson County**Wilkesdale St. Outreach (Updated 11/11/25)**

Address: 64 Wilkesdale St. Sylva, NC 28779

Contact: Lee Lillard

Phone: 828-399-9244

General Hours

Wednesday 5:00 PM - 6:00 PM (2nd, 4th Week of Month)

United Christian Ministries of Jackson County

Address: 191 Skyland Drive Sylva, NC 28779

Contact: Ann Selby

Phone 828-586-8228

Email: aselby@ucmsylva.org

Website: www.ucmsylva.org

Food Pantry

Monday 10:00 AM - 3:00 PM; Tuesday 12:30 PM - 5:00 PM; Wednesday 10:00 AM - 12:30 PM;

Thursday 10:00 AM - 3:00 PM; Friday 10:00 AM - 3:00 PM

The Community Table (Updated 11/11/25)

Address: 23 Central Street Sylva, NC 28779

Contact: Name Paige Christie

Phone: 828-586-6782

Email: ctofjackson@gmail.com

Website: www.communitytable.org

Food Pantry

Monday 11:00 AM - 5:30 PM; Tuesday 11:00 AM - 5:30 PM; Thursday 11:00 AM - 5:30 PM; Friday 11:00 AM - 5:30 PM

Evening Meals--Monday 4:00 PM - 5:30 PM; Tuesday 4:00 PM - 5:30 PM; Thursday 4:00 PM - 5:30 PM; Friday 4:00 PM - 5:30 PM (EVENING MEALS)

Apr 10, 2026 OPEN 4:00 PM - 8:00 PM EMPTY BOWL FUNDRAISER

Cornbread & Roses (Updated 11/11/25)

Address: 1294 Savannah Drive Sylva, NC 28789

Contact: Kass Patterson

Phone: 828-283-0235

Email: info@cbrcounseling.org

Food Pantry

Wednesday 6:00 PM - 8:00 PM (Open Choice Pantry); Sunday 12:00 PM - 2:00 PM (Open Choice Pantry)

The Lord's Closet - Ochre Hill Baptist Church

Address: 14 Norman Drive Sylva, NC 28779

Contact: Kim Fiskeaux

Phone: 828-507-2842

Email: fiskeaux@yahoo.com

Website: www.ochrehillbaptist.com

Food Pantry

Wednesday 5:00 PM - 7:00 PM (4th Week of Month)

Emergency Food Box

Cullowhee Valley Baptist Church (Updated 11/11/25)

Address: 36 Tilley Creek Road Cullowhee, NC 28723

Contact: Lee Lillard

Phone: 828-399-9244

Email: drewsmyheart@yahoo.com

Food Pantry

Monday 4:00 PM - 5:30 PM (We are closed on Holidays.) (1st, 3rd Week of Month); Wednesday 5:00 PM to 6:00 PM (2nd, 4th Week of Month)

Eastern Band of Cherokee Indians (EBCI)

Address: 27 Long Branch Road Cherokee, NC 28719

Contact: Tammy Jackson

Phone: 828-359-6934

Email: tammjack@ebci-nsn.gov

Website: www.mannafoodbank.org/wnc-mobile-market-calendar/

Pop-Up/Mobile Resource

Thursday 12:00 PM - 2:00 PM (3rd of the month)

Harrah's Casino - Cherokee

Address: 777 Casino Drive Cherokee, NC 28719

Contact: Shelly Brown

Phone: 828-497-8557

Email: sbrown2@harrahs.com

Pop-Up/Mobile Resource

Thursday 1:30 PM - 2:30 PM (1st Week of Month)

Grace House - Whittier UMC (Updated 11/11/25)

Address: 35 Main Street Whittier, NC 28789

Contact: Name Rita Howard

Phone: 828-269-6262

Email: ritaerevis75@gmail.com

Website : www.whittierumc.org

Food Pantry

Saturday (Closed every 5th Saturday of the month) 9:00 AM - 10:30 AM

Macon County

St. Francis of Assisi Catholic Church (Updated 11/11/25)

Address: 299 Maple Street Franklin, NC 28734

Contact: Bill Nemeth

Phone: 828-342-2357

Email: wdnemeth@aol.com

Website ; www.stfrancisassisifranklin.org

Food Pantry

Every other Wednesday 10:00 AM - 11:30 AM

19th 10:00 AM to 1:00 PM for Thanksgiving

Macon County Program for Progress

Address: 1436 Georgia Road Franklin, NC 28734

Contact: Felicia Roberts

Phone: 828-524-4471 Ext.406

Email: froberts@mppnhc.org

Website: www.mppnhc.org

Pop-Up/Mobile Resource

Monday (Market days may vary due to MANNA holidays, market cancellations, and rescheduling.)

1:30 PM - 3:00 PM (4th Week of Month)

Bethel Food Pantry- Bethel UMC (Updated 11/11/25)

Address: 81 Bethel Church Road Franklin, NC 28734

Contact: Pam Turner

Phone: 828-634-1116

Email: sing.pturner@gmail.com

Food Pantry

Friday 10:00 AM - 11:30 AM

Food boxes November 17th

Trinity Assembly of God (Updated 11/11/25)

Address: 6971 Georgia Road Franklin, NC 28734

Contact: Janie Sutton

Phone: 252-985-9616

Email: jsutton@frontier.com

Website: www.trinitywnc.com

Food Pantry

Tuesday 11:00 AM - 1:00 PM every other week

No Wrong Door (Updated 11/11/25)

102 Thomas Heights Rd, Frankin, NC 28734

Phone: 828-349-3366

Food Pantry

Swain County

Bryson City Food Pantry

Address: 311 Everett Street Bryson City Bryson City, NC 28713

Contact: Dan Manley

Phone: 828-488-2480

Email: danmanley6917@gmail.com

Food Pantry

Monday 5:00 PM - 7:00 PM; Saturday 10:00 AM - 12:00 PM

Family crisis box available other days, MUST call first

Restoration House (Updated 11/11/25)

Address: 81 Academy Street Bryson City, NC 28713

Contact: Amanda Caldwell

Phone: 828-538-4540

Email: a.caldwell@restorationhousewnc.org

Food Pantry

Monday 10:00 AM - 3:00 PM

Victory Baptist Church (Updated 11/11/25)

Address: 1275 Fontana Road Bryson City, NC 28713

Contact: Ann Converse

Phone: 407-928-7194

Email: claire2454@aol.com

Website: myvictorybaptistchurch.com

Food Pantry

Every other Thursday 3:00 PM - 5:00 PM (First distribution of the month is 11am-1pm)

Grace House - Whittier UMC (Updated 11/11/25)

Address: 35 Main Street Whittier, NC 28789

Contact: Rita Howard

Phone: 828-269-6262

Email: ritaerevis75@gmail.com

Website : www.whittierumc.org

Food Pantry

Saturday 9:00 AM - 10:30 AM (Closed every 5th Saturday of the month)

Southwestern Community College-Swain Campus

Address: 60 Almond School Rd Bryson City, NC 28713

Phone: 828-366-2005

Email: j_marley@southwesterncc.edu
Pop-Up/Mobile Resource
Wednesday 10:00 AM - 12:00 PM(1st of Month)

Harrah's Casino - Cherokee

Address: 777 Casino Drive Cherokee, NC 28719
Contact: Shelly Brown
Phone: 828-497-8557
Email: sbrown2@harrachs.com
Pop-Up/Mobile Resource
Thursday 1:30 PM - 2:30 PM (1st Week of Month)

Bryson City Giving Spoon

311 Everett St, Bryson City NC 28713
Phone: 828-736-0962
Meal
3:00 PM to 5:15 PM Mondays and Thursdays

Swain Family Resource Center

300 Hughes Branch Rd, Bryson City, NC 28719
Phone: 828-488-7505
Food Boxes
Call ahead to request box